

2019 Community Investments

COLLABORATION AND COMMUNITY

Age-Friendly Rhode Island (AFRI) (Providence, R.I.)

AFRI: 2020-2022

To strengthen AFRI's organizational capacity and to engage, encourage and expand cross-sector collaboration and information sharing. The Rhode Island College Foundation serves as the fiscal agent for AFRI. Three-year grant for \$360,000.

Elder Services of the Merrimack Valley, Inc. (Lawrence, Mass.)

Building a New England Network for Evidence-Based Healthy Aging Programs

To support the Healthy Living Center of Excellence (HLCE) to increase quality of and access to evidence-based programs, including falls prevention, chronic disease management, depression management, nutrition and caregiver programs. Elder Services of the Merrimack Valley, Inc. is the lead community-based organization for the HLCE coalition. Three-year grant for \$300,000.

Massachusetts Healthy Aging Collaborative (MHAC) (Lawrence, Mass.)

Advancing Age-Friendly

To support MHAC in advancing and increasing the number of age- and dementia-friendly communities. Elder Services of the Merrimack Valley, Inc. serves as the fiscal agent for MHAC. Two-year grant for \$175,000.

New Hampshire Alliance for Healthy Aging (AHA) (Concord, N.H.)

Strengthening AHA's Communication Capacity

To engage with AHA participants and communities effectively. The Institute on Disability of the University of New Hampshire works statewide and serves as the fiscal agent for AHA. Three-year grant for \$175,000.

POLICY AND ADVOCACY

LivableStreets Transportation Alliance of Boston, Inc. (Cambridge, Mass.)

Better Buses and Safer Streets for Older Adults on Blue Hill Ave

To meaningfully engage and provide advocacy opportunities for older adults to directly address the multitude of safety and transit concerns along the Blue Hill Ave/Warren Street corridors. Two-year grant for \$60,000.

Massachusetts Law Reform Institute (Boston, Mass.)

Older Adult Nutrition Access Project

To implement the SNAP gap pilot, including leveraging the state's expansion of the Medicare Savings Program to increase awareness of and enrollment in SNAP. One-year grant for \$60,000.

Massachusetts Senior Action Council (Quincy, Mass.)

Senior Power Up for Health and Economic Security

To engage diverse older people with low incomes in community and policy processes that will result in active civic leaders. Three-year grant for \$240,000.

Massachusetts Smart Growth Alliance (Boston, Mass.)

Great Neighborhoods Zoning Reform Implementation

To advance local and state zoning and housing law reforms to create more walkable and welcoming communities where families can age in place. Citizens' Housing and Planning Association serves as the fiscal agent. One-year grant for \$37,000.

SYSTEMS AND BEST PRACTICES

Alzheimer's Disease and Related Disorders Association, Inc. (Waltham, Mass.)

Building Community Engagement through Faith Outreach

To build a diverse faith-based volunteer corps and increase programming and services in diverse and underserved communities. Two-year grant for \$180,000.

Blue Hills Community Health Network Alliance (CHNA 20) (Quincy, Mass.)

Blue Hills Regional Coordinating Council

To pilot a regional community transportation program in Randolph, Hull and Quincy that addresses gaps in services available to older people. Two-year grant for \$108,000.

Cooperative Alliance for Seacoast Transportation (COAST) (Dover, N.H.)

Alliance for Community Transportation (ACT)

To increase transportation access by improving ACT's efficiency, making services more consistent and developing a universal rider application. Three-year grant for \$43,489.

Granite United Way (Manchester, N.H.)

2020 Census

To support local, grassroots activities to reach those most susceptible to an undercount in the 2020 Census, including low-income communities, rural areas with limited broadband access, college students, immigrants and refugees, young children and older people. Six-month grant for \$10,000.

Growing Places (Leominster, Mass.)

Winchendon Community Food Project for Healthy Aging

To develop a hub-and-spoke food distribution model that increases the availability of healthy food in Winchendon, Mass., and six surrounding towns. Three-year grant for \$103,281.

Healthy Waltham, Inc. (Waltham, Mass.)

Broadening Waltham Connections for Healthy Aging

To extend and strengthen the work of Waltham Connections on inclusion, nutrition and transportation. Six-month grant for \$20,000.

Honoring Choices Massachusetts (Weston, Mass.)

Strategy for Region's End-of-Life Movement

To support revising their volunteer team structure and to develop a strategy for sustaining the end-of-life movement in Massachusetts and the broader New England region. One-year grant for \$25,000.

Horace Mann Educational Associates (Franklin, Mass.)

Smart Data for Better Health Care

To build and pilot an electronic information system and convene a learning community to improve collaboration among community organizations and health care providers serving older people with intellectual and developmental disabilities. One-year grant for \$34,991.

Jewish Family & Children's Service (Waltham, Mass.)

Building Cultural/Linguistic Capacity in Dementia Friends Massachusetts

To engage four linguistically and culturally diverse communities with high dementia prevalence and/or low access so they have access to Dementia Friends programming. Two-year grant for \$50,000.

MAB Community Services, Inc. (Brookline, Mass.)

Ensuring Access for Seniors with Vision Loss and Other Disabilities

To integrate vision rehabilitation and care into healthy aging models through four pilot communities: Boston, Framingham, Lawrence and Springfield. Three-year grant for \$130,000.

New Hampshire Women's Foundation (Concord, N.H.)

2020 Census

To engage a statewide complete count consultant to work alongside the N.H. Complete Count Committee (CCC), local CCCs, grassroots groups and other community leaders to increase awareness of and participation in the 2020 Census. Six-month grant for \$10,000.

Old Colony YMCA (Brockton, Mass.)

Healthy for Life

To develop a community health model aligning services and programs provided by both clinical and community-based providers. Three-year grant for \$180,000.

Public Health Institute of Western Massachusetts (Springfield, Mass.)

LiveWell Springfield Coalition – Age-Friendly City Project

To create and implement an action plan to address housing and transportation needs of older people in Springfield, Mass. Two-year grant for \$198,998.

Rhode Island Parent Information Network (Cranston, R.I.)

Piloting a Sustainable Payment Model for Rhode Island's Evidence-Based Programs

To increase evidence-based program participation among older people while building the infrastructure for a statewide sustainable payment model. Two-year grant for \$170,000.

Rhode Island Public Health Institute (Providence, R.I.)

“Food on the Move” – Improving Sustainability

To expand “Food on the Move” mobile markets to a new site and conduct a pilot study to document the impact of healthier eating behaviors on older people. One-year grant for \$95,000.

Saint Elizabeth Community (Warwick, R.I.)

Support and Services at Home (SASH)

To expand the Support and Services at Home (SASH) model for supportive housing of older people to three, non-Saint Elizabeth Community-managed sites in Rhode Island. One-year grant for \$50,000.

The Open Door (Gloucester, Mass.)

Medically Tailored Groceries for Seniors Program

To run a pilot program that helps older people with chronic illness and food insecurity manage their health through medically tailored groceries. One-year grant for \$60,000.

University of Massachusetts Boston – Gerontology Institute (Boston, Mass.)

Connecticut and Rhode Island Healthy Aging Data Reports

To develop and disseminate healthy aging data reports for Rhode Island (updated) and Connecticut (new). The reports will be used by communities pursuing age- or dementia-friendly initiatives and by organizations serving older people. Two-year grant for \$448,000.

MOMENTUM FUND

CONNECTICUT

**Center for Food Equity and Economic Development – CCGB
(Bridgeport, Conn.)**

Healthy Connections

To support programming to reinvent food pantries as community gathering places where older people receive emotional support, health-supportive foods and strategies for stretching limited resources. One-year mini-grant for \$10,000.

LiveWell Alliance, Inc. (Plantsville, Conn.)

Memory Cafés

To develop a program to establish, support and sustain a memory café network. One-year mini-grant for \$10,000.

Naugatuck Valley Project, Inc. (Waterbury, Conn.)

Intergenerational Housing Project

To recruit and train a diverse committee across the 14 cities and towns of the Naugatuck Valley to support the development of intentional, intergenerational, affordable housing. One-year mini-grant for \$10,000.

New Britain ROOTS, Inc (New Britain, Conn.)

Food is Love Project

To bridge youth and older people through three programs: Garden Building, Cooking Lessons, and Healthy Food Access. One-year mini-grant for \$9,350.

Nunnawauk Meadows (Newtown, Conn.)

Gracefully Growing into the Future – Mind over Matter

To make Nunnawauk an easily accessible community to both residents and visitors to promote socialization, nutrition and active lifestyles, including installing benches throughout the grounds and offering educational programming for older people. One-year mini-grant for \$10,000.

The Children’s Community Programs of CT, Inc. (New Haven, Conn.)

Needs Assessment

To conduct a needs assessment in the Greater New Haven area to identify service needs and gaps for grandparents who care for grandchildren or other relatives. One-year mini-grant for \$10,000.

The Towers Foundation (New Haven, Conn.)

Klaatch Model

To engage a training and support model called Klaatch to reduce loneliness in low-income and minority older adult communities. One-year mini-grant for \$10,000.

United Way of Western Connecticut Inc (Danbury, Conn.)

Age Well CT Ambassador Program

To launch an ambassador program to help demystify and destigmatize the process of food access for Danbury’s older adults. United Way of Western Connecticut is serving as the fiscal agent. One-year mini-grant for \$10,000.

Western Connecticut Area Agency on Aging (Waterbury, Conn.)

CONNECTIONS to Live Well Together

To expand Live Well workshops to Naugatuck, Watertown, Thomaston, Torrington and Winsted. One-year mini-grant for \$10,000.

Yoga4Change Inc. (Hamden, Conn.)

Curriculum Design

To develop and pilot an evidence-informed curriculum at five partner sites that will expand the accessibility of yoga and mindfulness to include diverse older people. One-year mini-grant for \$9,880.

MASSACHUSETTS

Dorchester Neighbors (Dorchester, Mass.)

Create a Village in Dorchester

To pilot services to Portuguese, Haitian, Spanish and Vietnamese residents living in the Lower Mills-Ashmont and Bowdoin/Geneva neighborhoods of Dorchester. One-year mini-grant for \$10,000.

Greater Boston Chinese Golden Age Center Inc. (Boston, Mass.)

Memory Café for Asian Seniors

To support a memory café to be conducted in Chinese for elders and their caregivers. One-year mini-grant for \$10,000.

Lynn Shelter Association (Lynn, Mass.)

Art Therapy Program

To offer weekly art therapy groups designed for adult clients experiencing homelessness in emergency shelter over age 50 to address their unique needs and support them on their path out of homelessness. One-year mini-grant for \$10,000.

Minuteman Senior Services (Bedford, Mass.)

Change of Condition Report Project

To launch enhanced training for Meals on Wheels volunteers to help them identify potentially dangerous observable social determinants of health. One-year mini-grant for \$10,000.

Montachusett Enterprise Center, Inc. (Leominster, Mass.)

Becoming an Age-Friendly Montachusett Region

To educate three pilot Montachusett communities about age-friendly designation. One-year mini-grant for \$10,000.

Our Neighbors' Table (Amesbury, Mass.)

Using SNAP to increase Senior Food Security

To test new methods to increase SNAP enrollment outreach and coordination for seniors in target communities. One-year mini-grant for \$10,000.

Project Citizenship (Boston, Mass.)

Citizenship Services for Older Clients

To support outreach to older and disabled older adults, informing them about the benefits, process and services available regarding U.S. citizenship. One-year mini-grant for \$10,000.

Watertown for All Ages (Watertown, Mass.)

Transportation Initiative for Seniors – Phase II

To pilot a program with Transportation Network Companies (TNCs), including providing education to older people about using TNCs. One-year mini-grant for \$10,000.

WestMass ElderCare (Holyoke, Mass.)

Cuidadores Unidos (Caregivers United)

To expand support to Cuidadores Unidos, a Spanish-speaking caregivers

support group, on initiatives including a Spanish-speaking memory café and a series of lectures and trainings. One-year mini-grant for \$9,850.

YMCA of Martha's Vineyard (Vineyard Haven, Mass.)

Exercise Your Heart in More Ways than One

To create a diverse network of volunteers, ambassadors and professionals to expand affordable and free programs. One-year mini-grant for \$10,000.

NEW HAMPSHIRE

Amoskeag Health (Manchester, N.H.)

Integrated Geriatric Care Program to Stay Healthy Longer

To support an integrated geriatric care management program for older adults in the Greater Manchester area. One-year mini-grant for \$10,000.

Concord Community Television (Concord, N.H.)

Let's Get Out and About

To create a five-segment series spotlighting community and civic organizations' work to address age, disability and dementia in their programs. One-year mini-grant for \$10,000.

Friends Forever Inc (Durham, N.H.)

Elder & Youth Collaborative Program Design

To develop a curriculum for elder and youth program integration that can be used by assisted living facilities in New England. One-year mini-grant for \$10,000.

Gibson Center for Senior Services (North Conway, N.H.)

MWV Age-Friendly – Directory of Volunteer Opportunities

To develop a detailed online directory that connects older people with volunteer opportunities at a variety of community groups serving older people. One-year mini-grant for \$10,000.

Grafton County Senior Citizens Council, Inc. (Lebanon, N.H.)

Experience/Arts in Underserved Communities

To expand Experience/Arts courses to additional low- to moderate-income clients in Lincoln-Woodstock and Newfound. One-year mini-grant for \$10,000.

MWVADC Memorial Elder Health Services, Memorial Hospital (North Conway, N.H.)

Dementia Destigmatized

To launch a dementia-friendly community resource center that aligns with Mt. Washington Valley's designation as an Age-Friendly Community. One-year mini-grant for \$10,000.

Seacoast Village Project (New Castle, N.H.)

Build an engaged and sustainable volunteer base

To support the recruitment and vetting of older adult service volunteers to support the development of a hub-and-cluster network of villages along the Seacoast. One-year mini-grant for \$10,000.

Southern District YMCA/Camp Lincoln Inc (Exeter, N.H.)

Senior Prescribe the Y

To launch a Prescribe the Y program for older people that builds on relationships with Exeter Hospital and Lamprey Health Care. One-year mini-grant for \$10,000.

TASC (Transportation Assistance for Seacoast Citizens) (Hampton, N.H.)

Peer Mentoring

To support the recruitment of younger-older adults as volunteers to connect non-driving older adults with service supports and social activities. One-year mini-grant for \$8,050.

The Granite YMCA (Manchester, N.H.)

Increasing Access to Critical Health and Wellness Programs

To increase older people's access to two of the Y's evidence-based programs by bringing the courses to participants where they live. One-year mini-grant for \$10,000.

RHODE ISLAND

Cranston Senior Services (Cranston, R.I.)

Raising Awareness

To offer dementia-awareness presentations and workshops; develop a series of training videos for employee training programs; produce and film a three-part series for the department's cable TV program 55+; and meet with school personnel about raising awareness among city's youth. One-year mini-grant for \$10,000.

Family Service of Rhode Island (Providence, R.I.)

Aging Creatively: Building Community and Fighting Stigma Through Art

To hold social gatherings for older people living with HIV featuring client-suggested and/or client-led expressive arts programming. One-year mini-grant for \$10,000.

Healthcentric Advisors (Providence, R.I.)

Self-Measured Blood Pressure Monitoring Project

To launch a self-measured blood pressure monitoring project to reach minority and lower-income older people and improve uncontrolled hypertension. One-year mini-grant for \$9,993.

Hope's Harvest Rhode Island (Pawtucket, R.I.)

Sharing the Bounty with Aging Rhode Islanders in Need

To support a planning phase and small pilot for older people to rescue fresh produce from R.I. farms. Farm Fresh Rhode Island is serving as the fiscal agent. One-year mini-grant for \$9,022.

LMW Healthcare, Inc. (Westerly, R.I.)

Age Friendly Westerly Action Team

To create a series of short, educational videos for older people for broadcast on local channels and social media. One-year mini-grant for \$10,000.

Meals on Wheels of Rhode Island, Inc. (Providence, R.I.)

Seniors Serving Seniors

To promote volunteerism among older adults to assist service organizations for older people, supporting the goals of the Office of Healthy Aging and Age-Friendly R.I. One-year mini-grant for \$10,000.

Progreso Latino, Inc. (Central Falls, R.I.)

Siempre Contigo-Creating a Dementia Friendly Central Falls

To implement elder-led initiatives which address the needs identified in the recent needs assessment, including spearheading a bilingual/bicultural support group named "Siempre Contigo" ("Always With You"). One-year mini-grant for \$10,000.

Rhode Island Community Food Bank (Providence, R.I.)

Pilot Project: Increasing access to food for low-income seniors

To expand on-site food assistance program for older people, changing delivery mechanism to a market-type mobile pantry. One-year mini-grant for \$10,000.

SAGE-RI (Providence, R.I.)

Building Community with LGBT Seniors

To hold focus groups of older LGBT people to discuss needs and desires for services and community involvement. One-year mini-grant for \$9,985.

The Providence Village of Rhode Island (Providence, R.I.)

Developing New Villages in Rhode Island

To develop new villages within The Village Common, with a focus on diverse, lower-income populations. One-year mini-grant for \$10,000.

40 FOR 40

One-time grants distributed in honor of Tufts Health Plan's 40th anniversary and its longstanding tradition of giving back to community, supporting nonprofit organizations focused on health equity and the social determinants of health.

CONNECTICUT

Agency on Aging of South Central Connecticut
Center for Latino Progress
Center for Medicare Advocacy
Connecticut Community Care
Connecticut Community of Addiction Recovery (CCAR)
Connecticut Food Bank
End Hunger Connecticut
Health Equity Solutions
Hispanic Alliance of Southeastern Connecticut
North Central Area Agency on Aging
Senior Resources Agency on Aging
Southwestern CT Agency on Aging and Independent Living
Western Connecticut Area Agency on Aging

MASSACHUSETTS

Enlace de Familias/Holyoke Family Network
Family and Children's Service of Greater Lynn
Friendly House
Health Imperatives
Latino Health Insurance Project
Massachusetts Immigrant and Refugee Advocacy Coalition
Massachusetts Society for the Prevention of Cruelty to Children
Operation A.B.L.E.
Square One
St. Francis House

NEW HAMPSHIRE

CATCH Neighborhood Housing
Families in Transition—New Horizons
Granite State Organizing Project
Marguerite's Place
New Futures
New Hampshire Food Bank
North Country Health Consortium
Seacoast Family Promise
TLC Family Resource Center
Welcoming New Hampshire

RHODE ISLAND

Children's Friend
Clinica Esperanza
Connecting for Children and Families (Woonsocket)
Crossroads
Friends Way
Rhode Island Community Food Bank
Rhode Island for Community and Justice
Rhode Island Free Clinic
Rhode Island Kids Count
Sojourner House

TUFTS HEALTH PLAN EMPLOYEE GRANTMAKING

As recommended by Tufts Health Plan Business Resource Groups (BRG).

African Community Health Initiatives (Boston, Mass.)

Recommended by Mosaic, the multicultural BRG

To promote access to health services through a biannual health fair in collaboration with community partners. One-year grant for \$5,000.

Arc Massachusetts, Inc. (Waltham, Mass.)

Recommended by Parallel, the disability advocates BRG

To leverage the Arc's expertise and networks to help businesses become more supportive of people with disabilities. One-year grant for \$5,000.

Crossroads Rhode Island (Providence, R.I.)

Recommended by Prism, the LGBTQ and allies BRG

To provide emergency shelter & programming for youth experiencing homelessness due to their orientation or gender identity. One-year grant for \$5,000.

Operation Stand Down Rhode Island (Johnston, R.I.)

Recommended by Veterans & Military, the veterans and allies BRG

To support the Stand Down Weekend Outreach Event, which provides hundreds of veterans access to housing, public programs, employment, health care and legal assistance. One-year grant for \$5,000.

Rosie's Place, Inc. (Boston, Mass.)

Recommended by Women Together, the women and allies BRG

To support an employment specialist at Rosie's Place who assists clients to obtain and sustain employment. One-year grant for \$5,000.